

Are you ready to take a hike on the Camino?

Rate the following points on a scale of 1 to 10, with 1 being lowest and 10 highest.

Item	Rating and Comments
1. I'm motivated to do the planning necessary for the trip.	
2. I am physically prepared to walk on the Camino for at least three weeks.	
3. I have the mental toughness to be on my own in a foreign country.	
4. I am able to accept minimal creature comforts some nights.	
5. I am able to change my diet.	
6. I am able to make new friends from foreign countries.	
7. I am ready to prepare myself physically for the trip.	
8. I am capable of being away from friends and family for an extended period.	
9. I am capable of learning some Spanish.	
10. I am motivated to learn some Spanish.	
11. I have the financial resources to make the trip (\$2 to 4K)	
12. I am capable of dealing with uncomfortable weather conditions.	